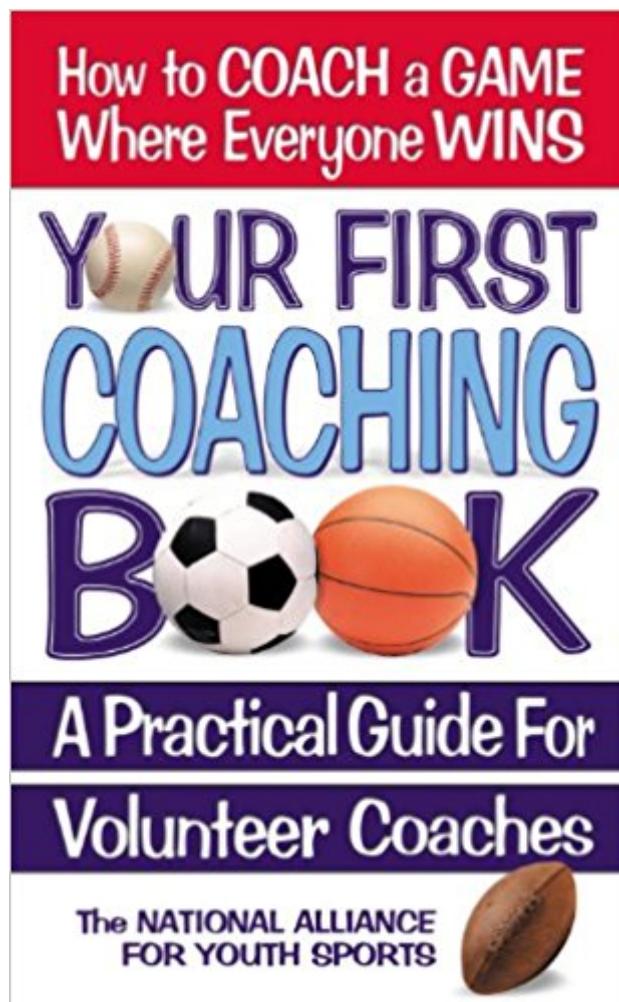


The book was found

# Your First Coaching Book: A Practical Guide For Volunteer Coaches



## **Synopsis**

As a youth sports volunteer, you should get used to wearing many hats, for you'll be not just a coach, but also a teacher, friend, and confidant. Coaching can be rewarding, but if you venture into the season unprepared, the role can be a frustrating one. Enter Your First Coaching Book. Created by The National Alliance For Youth Sports, it provides valuable tips on how to encourage fun and good sportsmanship, maximize basic skill development, deal with inappropriate behavior from players and parents, and prevent injuries by maintaining high safety standards. Whether you're a first-year coach or a seasoned veteran, the children on your team will remember you and their sports experience for the rest of their lives. Your First Coaching Book will help ensure that these memories are happy ones.

## **Book Information**

Mass Market Paperback: 80 pages

Publisher: Square One (January 1, 2006)

Language: English

ISBN-10: 0757002005

ISBN-13: 978-0757002007

Product Dimensions: 4.2 x 0.2 x 7 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars (See all reviews) (3 customer reviews)

Best Sellers Rank: #659,257 in Books (See Top 100 in Books) #65 in Books > Sports & Outdoors > Coaching > Children's Sports #458 in Books > Reference > Encyclopedias & Subject Guides > Sports #552 in Books > Parenting & Relationships > Family Activities

## **Customer Reviews**

A lot of the content in this book especially towards the end are redundant to the content that is introduced in the beginning. The concepts are repeated, and it seems as if the author has a strong bias towards baseball as the sport of example, followed by football and soccer, when there are many other sports out there. Most of the views on "parents of athletes" are one-sided from the coach's perspective, without taking into consideration as to why athlete's parents behave the way they do at practices or games given their different backgrounds. Overall, this book was a good read for simple young athlete coaching concepts.

It's a very basic book. It can easily be read in a day, but there was some solid research behind this

book which makes it worth taking the things they say into practice and awareness.

The book itself, not my favorite, but it was for a class so what do you do. Great condition, basically fits in your pocket it's so tiny, which is nice:)

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